



# Sports Gym Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym 5:30AM 7:30PM	Open Gym 5:30AM to 6:30PM	Open Gym 5:30AM to 6:00PM	Open Gym 5:30AM- 5:30PM & 7:00- 9:00PM	Open Gym 5:30AM to 5:00PM and 7-9PM	Open Gym 9:00AM to 4:30PM	Open Gym: 1:00- 2:00PM
Indoor Rugby 7:30- 8:30PM	Men's Pick- up Basketball League 7:00- 9:00PM	Adult Flag Football 6:00-9:00PM	Martial Arts 5:30-7:00PM  Youth Hockey League 6:00- 7:00PM	CYC All- Star Practice 5:00- 7:00PM **Begins March 2 <sup>nd</sup> **	Church Volleyball 4:30- 7:30PM	Men's Winter Basketball League 2-8PM